



First Class Homeschool Ministries South King County Friday School Catalogue Winter/Spring 2010

Classes-at-a-Glance Chart

This at-a-glance-chart is only an overview; many of the classes overlap into the age groups above or below the group the class is charted under (for example, gym class 2nd hour extends up into early Middle School, but is only listed under Elementary because that is the primary age focus); please read the detailed class description on the following pages for specific class age guidelines.

First Period Class Choices (9:55-10:45)			
Preschool/Kindergarten	Elementary	Middle School	High School
Marvelous Messes			
ABC Show and Tell			
PreK/Elementary Choir	PreK/Elementary Choir		
French	French		
	The Way Things Work		
	Animals Around the World		
	Art Instruction	Art Instruction	
	Beginning Recorder	Beginning Recorder	Beginning Recorder
		Rags to Runway Fashion	Rags to Runway Fashion
		Krav Maga Self Defense	Krav Maga Self Defense
Second Period Class Choices (10:50-11:40)			
Preschool/Kindergarten	Elementary	Middle School	High School
Very Veggie Videos			
My Body			
Scripture and Skits	Scripture and Skits		
	Gym		
	Math Art		
	The Prairie Primer	The Prairie Primer	
		Earth Science	
	Beginning Chess	Beginning Chess	Beginning Chess
		Yearbook	Yearbook
			Cooking
Third Period Class Choices (12:10-1:00)			
Preschool/Kindergarten	Elementary	Middle School	High School
Fun with Phonics			
Jane's Class			
Creative Movement	Creative Movement		
Five in a Row	Five in a Row		
	Dinosaurs		
	Mr. Henry's Wild & Wacky Bible Stories		
		Mystery of History	
	Choir	Choir	Choir
		Basic Drawing Part 2	Basic Drawing Part 2
			Film Making

NURSERY AND PRESCHOOL PLAY TIME

Nursery is available each hour for children ages 3 and under. Please register your nursery-aged children as you would a school-aged child, indicating "Nursery" as their class for each hour.

It can be a long day for young kids! So, children up to five years old may register for "preschool play-time" (located in the nursery) if they need an hour off. This is a time of unstructured free play.

Nursery and Preschool Playtime are not listed in the catalogue but are available all three hours. Note the tuition exception: nursery and preschool playtime basic tuition is \$3.00 per hour, not \$4.00. There are no material fees for either of these classes.

Remember! The material fees listed under each class are **in addition** to the \$4.00 basic class tuition.

First Period Class Choices

9:55 - 10:45

Grades & ages are suggested. Parents should use their best judgment, but please read the class descriptions and note particular prerequisites. Also note that the materials fee does not include the \$4.00 class enrollment fee.

ABC Show and Tell

Instructor: Tricia Croom's Mom

Students will learn simple phonics, their ABCs, songs and more. Plus we'll have a weekly show and tell time!

Ages: 2-4

Materials Fee: \$

Homework: None

Marvelous Messes

Instructors: Beccy Hoffine and Keri Snell

This class will be everything you don't want to do at home because it's way too messy! Everything will be made from scratch (Playdoh, Gak, Homemade finger-painting, Edible finger-paints, Foam, etc) with safe, non-toxic materials. We will also be doing a devotion time based on the Fruit of the Spirit and will be memorizing Bible verses. Parents, please have your child bring an oversized shirt or apron to protect clothing.

Ages: 3-5

Materials Fee: \$2.00

Homework: None

Choir - Preschool & Early Elementary

Instructor: Candace Barber

Choir for children ages 3 through 6 only. We will be learning a musical form called "Solfege" (Do, Re, Mi, etc.) to assist in ear-training to learn pitch. Some music theory will also be taught so children will learn how to read notes and understand rhythm. Be prepared for a show at the end of the session!

Ages: 3-6

Materials Fee: \$3.00

Homework: <1 hr/week

Introduction to French

Instructor: Barbie Chaumont

This interactive class will continue to build upon previous French vocabulary and activities. Through songs, games, movement, and art we will add vocabulary for weather, clothing, feelings, and common objects. Anyone is welcome... even if you didn't attend fall quarter. (Please email instructor to ask for a list of vocabulary studied first time around, so your student can catch up before the first day of class.)

Ages: 4 -10

Materials Fee: \$3.00

Homework: None

The Way Things Work

Instructors: Jen Mazurkiewicz and Donna Venning

What's the best way to weigh a mammoth? How do you herd mammoths through a canyon? These are the kind of questions we'll explore as we join the inhabitants of Mammoth Island learn about simple machines and scientific principles in "The Way Things Work" DVD series. Then we'll do an experiment based on that week's topic. Topics range from springs and screws to pulleys and pumps to magnets and more! Each week will have a short video and then lots of time for hands-on experimenting!

Ages: 7-13

Materials Fee: \$15.00

Homework: None

Animals Around the World

Instructors: Tricia Croom

Geography class focused on learning about animals and their habitats.

Ages: 7-12

Materials Fee: \$5.00

Homework: None

Drawing Instruction

Instructor: Erinn Fairall

Sharpen your pencils and get ready to learn from the best! The Painter of Light himself teaches your budding artist the basics of realistic drawing, including line, shape, form, tone, space, and texture. His fun, skill-building exercises will help you learn to observe and re-create the world around you. This is a video based class. Teacher will provide a list of additional supplies needed for class that can easily be found at home.

Ages: 8-12

Materials Fee: \$12

Homework: At home practice

Beginning Recorder

Instructor: Sheri Knox

Let's learn to play a recorder! By the end of the session, we'll be able to play several pieces. You can learn the basics of music reading or work on more advanced pieces if you already know how to read music. We'll be using Recorder Karate for those who want to earn "belts" for their recorder. Note: Recorder & fingering chart are included in fee. *If you don't need one, please deduct \$5.00.

Ages: 8-18

Materials Fee: \$17.00* see description

Homework: 1-2 hours a week

More first period class choices on the next page

First Period cont'd

Rags to Runway Fashion

Instructor: Virginia Weros and Lisa Thayer

In this class, we will take our rags (i.e. scraps of fabric, discarded articles of clothing from any willing participant's closet, clothing found at the thrift store etc.) and turn them into fun, creative and unique fashion designs. Throughout this process, we will be covering modesty, what really makes someone beautiful, how to accessorize and tons more! The session will end with a walk down the co-op runway. This class is for girls only.

Ages: 12-18 girls

Materials Fee: None

Homework: None (well, maybe some shopping!)

Krav Maga Self Defense

Instructor: Ed Venning

Krav Maga is an Israeli Contact Combat method. In this class, teen boys will learn modified contact & self defense moves. Students will be required to sign a waiver to participate in this class and will need to wear comfortable clothing and protective gear. An email of optional equipment will be sent prior to class beginning. This is not a martial arts class: you will not be learning poses and katas. You will be learning defensive fight moves. Get ready to have a blast learning to defend yourself. Sorry girls...this is a boys only class.

Ages: 12-18 boys

Materials Fee: \$10.00

Homework: Exercise!

Second Period Class Choices

10:50 - 11:40

Grades & ages are suggested. Parents should use their best judgment, but please read the class descriptions and note particular prerequisites. Also note that the materials fee does not include the \$4.00 class enrollment fee.

Very Veggie Videos

Instructor: Rebecca Toal

Join Larry, Bob and Junior Asparagus on different adventures thru video. After watching a Veggie Tales video, we'll talk about what we learned. We'll also color a picture that goes along with the story.

Ages: 2-5

Materials Fee: None

Homework: None

My Body

Instructors: Laura Stockton and Tamarah McIntire

Learn about God's most wonderful creation—YOU! He designed your body in His own image. Students will draw an outline of their body on the first day of class and then each week, will learn about the unique organs that God put inside us!

Ages: 4-6

Materials Fee: \$3.00

Homework: None

Scripture and Skits

Instructor: Tricia Croom

Kids with a flair for the dramatics will love this chance to perform for a crowd! We will hone our acting skills with drama exercises and then work to perform several scripture-based skits. There will be several performances during the co-op session.

Ages: 4-9

Materials Fee: \$5.00

Homework: Rehearsing lines at home

Gym

Instructor: Ed Venning

Flag football, kickball, calisthenics and more! This class will cover a variety of team sports and games, as well as weekly calisthenics and stretching.

Ages: 7-12

Materials Fee: \$2.00

Homework: None (but home exercise is always a good thing!)

Math Art

Instructor: Tiffany Cobb

Explore math concepts through art. We will use many creative projects to gain a deeper understanding of math while building essential skills. Students will make "stained glass windows" to explore geometry, build 3-D structures, manipulate tessellations, design "fraction flags", create quilt blocks using patterning and symmetry and much more! Students need to be willing and able to listen and follow instructions to participate in this class.

Ages: 7-12

Materials Fee: \$4.00

Homework: None

The Prairie Primer

Instructor: Terri McDonald

In this class we will study the *Little House on the Prairie* series using The Prairie Primer. Come and discover what life was like for the Ingalls family in the 1870's. Hands-on activities, Scripture memory, language arts and more help us study the Little House series. Be prepared to read assigned chapters for homework each week and provide your own copy of the book selected. Non-readers can join if parents are willing to read the book to them at home.

Ages: 7-12

Materials Fee: \$5.00

Homework: None

More second period class choices on the next page

Second Period Cont'd

Earth Science

Instructor: Laura Belvin

Learn about the earth: Rocks, what they're made of, how to indentify; soils, what's in them, how they are made; some on weather; making and reading maps. Students must be able to read & write independently to take this class.

Ages: 9-14

Materials Fee: \$10.00

Homework: <1 hour per week

Beginning Chess

Instructors: Ron and Keri Crawford

Learn how to play one of the world's oldest, well-known games. We will start with the basics and slowly move into areas of strategy. Through teaching time, game puzzles, and actual matches, you will learn about or increase your skill at this great game! Students who provide their own chess set may waive the materials fee; but they must remember to bring their set to class each week!

Ages: 6 –18

Materials Fee: \$5.00* see description

Homework: <1 hour per week

Yearbook

Instructor: Melanie Earhart

Help capture co-op's memories. We'll take class, individual and activity (field trips) photos, plus lots of candid! We'll sharpen our communication skills by interviewing co-op members and spend time gathering and assembling creative memorabilia. If you have a digital camera that you can bring, that would be helpful, but not required.

Ages:11-17

Materials Fee: \$4.00

Homework: None

Cooking

Instructor: Lanae Pearson and Sheri Knox

In this totally hands-on cooking class, students will have fun cooking while learning basic cooking techniques, nutrition facts, and meal planning ideas. We are even planning a field trip to the grocery store to learn how to read and understand nutrition labels, learn about food quality, and learn how to spot bargains. By the end of the semester, students will have gained confidence in their abilities to plan and cook meals and will have several "family tested" tried and true recipes to cook at home for their families. Students will be provided with the foundations to come up with many great-tasting and economical meals. This class will be co-taught by Lanae Pearson and Sheri Knox who each bring unique recipes and ideas to share.

Ages:14-18

Materials Fee: \$25.00*

Homework: None

*Materials fee payment may be made in two installments; \$15 on registration day, \$10 half-way thru the session.

Third Period Class Choices

12:10 - 1:00

Grades & ages are suggested. Parents should use their best judgment, but please read the class descriptions and note particular prerequisites. Also note that the materials fee does not include the \$4.00 class enrollment fee.

Stories, Songs and More!

Instructor: Keri Crawford and Tamarah McIntire

Join us for a class where we'll listen to stories, sing some songs and make some simple craft projects (like musical instruments!) This class is open to all preschoolers from age 2-5, but the activities will be age appropriate so that the littlest ones can create and participate!

Ages: 2-5

Materials Fee: \$2.00

Homework: None

Fun with Phonics

Instructor: Rebecca Toal

A fun and interactive class in the preschool room learning easy phonetic sounds for children ages 2-4 years. Sidney Ledson's book "Teach Your Child to Read in Just Ten Minutes a Day!" is the inspiration for this class. We will employ various games and activities while learning letter sounds; it is sure to be a hit with your preschooler.

Ages: 2-4

Materials Fee: \$2.00

Homework: None

Five in a Row

Instructor: Lisa Thayer

We will begin each class with a discussion on the incredible creation of our world using the book "*Answers in Genesis for Kids*" by Ken Ham. Then we will embark on a new adventure through various regions of our more recent world using books from the "*Five in a Row*" curriculum by Jane Claire Lambert. Your child's enthusiasm for learning will grow as we read this captivating literature, use a world map, study art and science and other engaging topics that tie in with the book of the week. This session's class will cover different material/books from fall session, so kids can re-enroll and enjoy a whole new series of books and adventures!

Ages: 3-7

Materials Fee: None

Homework: None

More third period class choices on the next page

Third Period Cont'd

Creative Movement

Instructor: Ava Cobb

This class will be about learning what dance is. We will mainly focus on rhythm, creativity, motor movement and FUN!! Each week we will learn classic ballet and jazz skills with a creative side. Your child will need to come in comfortable clothes they can move in (leotard and ballet shoes if possible). If you don't have ballet shoes your child can just wear socks. Also if they have long hair please put it up in a pony tail or bun. (Note: this class falls after lunch break: your child can change into appropriate clothes during the break).

Ages: 4-8

Materials Fee: \$3.00

Homework: None

What Really Happened to the Dinosaurs?

Instructor: Terry Forward

Let's take an adventure into the past and find out what really happened to the dinosaurs. In this class we will explore when the dinosaurs lived and why they became extinct, using the Bible and Christian curriculum as our guide. Each student will be required to bring their imaginations and curiosity about those big creatures that God created so long ago.

Ages: 7-11

Materials Fee: \$4.00

Homework: None

Mr. Henry's Wild & Wacky, Totally True Bible Stories

Instructor: DVD Based Class

Get ready to laugh and learn. In this DVD class, Mr. Henry (aka Frank Peretti) tells Bible stories in a totally unique way that will have your kids begging for more Bible! After the video we'll read our Bible and discuss how to apply what we learned.

Ages: 7-12

Materials Fee: None

Homework: None

The Mystery of History

Instructor: Christie Fokkema

Using the fantastic Christian-based curriculum "The Mystery of History," we'll unravel history with reading, timeline, map work and craft projects that reinforce the lessons. Come see how exciting History can be! Students must be able to read and write independently to enroll in this class.

Ages: 8-12

Materials Fee: \$7.00

Homework: >1 hour a week

Choir

Instructor: Rochelle Shinoda

Choir for upper elementary through high school students. We will learn several songs in 2-to-3 part harmonies. You don't need to know how to read music, BUT, you do need to want to sing and have a lot of fun doing it!!!

Ages: 7-18

Materials Fee: \$8.00

Homework: None

Basic Drawing Part 2

Instructor: Virginia Weros

This class will continue to explore basic drawing skills and do exercises to promote "seeing" with the right brain. We will focus on negative and positive space, perspective, lines and shapes, and light and shadow. This class is open both to students who took Basic Drawing Part 1 and new students who have an interest in drawing.

Ages: 11-18

Materials Fee: \$2.00

Homework: 30—60 mins per week of observation drawing

Film Making 101

Instructor: Student led class/supervised by Carl Knox

Ever wished you could make your own really cool movies? This class will be a student-lead film-making project with the goal of creating a digital movie by the end of the semester. Adults will lend supervision and structure, but students will generate their own creative ideas, turn them into a script, act out the parts, work the cameras, edit the video and put it all together on computer. Additional opportunities to learn will be integrated into the process such as idea formulation, story-boarding, teamwork and goal setting. If you have a camera, computer or hardware, it could be helpful. Costumes/props possibly needed.

Grade: 8th-12th

Materials Fee: \$5.00

Homework: 1-2 hours/week

For questions, contact: FCHMSouthKing@gmail.com